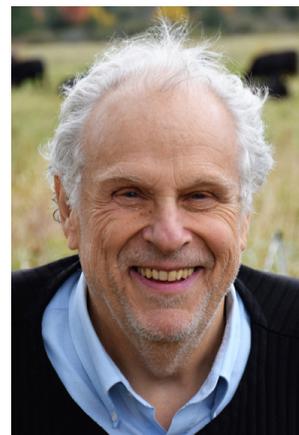




LAMOILLE NEIGHBORS

- ❖ **November 10th, Second Tuesday speaker series on Zoom from 7-8. Entertaining storytelling by well known Vermont fiction writer Bill Schubart.** Bill has written six books of literary fiction, including the Lamoille Stories. He has also written many short stories, poems and over 300 opinion pieces published widely on Vt Public Radio and local and national news outlets. Bill grew up in Morrisville and now lives in Hinesburg Vt. You will be entertained and filled with laughter after this evening's event. Sign up on line or e-mail lamoilleneighbors@gmail.com.



- ❖ Yoga Thursdays 9 AM with Faith Bieler. E-mail lisadimondstein@me.com if interested.
- ❖ Ongoing discussion group every other Wednesday. E-mail esgibs@yahoo.com if interested in joining the group.
- ❖ Our first full moon snowshoe of this winter will be Tuesday December 29th. Save the date.
- ❖ Come gather around the bonfire December 5th, at 5 PM at Lisa and Mary's home. A time to visit, tell stories and have a bowl of soup. Bring a mug and a spoon. Wear masks until we are settled. Please sign up on our webpage or e-mail lamoilleneighbors@gmail.com.
- ❖ Save the date! December 8th, 7PM for Roger Hill, who will be our Zoom speaker for December. Topic will be **Weather Mechanics of a Warming Climate**. Register on line or e-mail lamoilleneighbors@gmail.com.
- ❖ 8 members attended the iPhone class with Nan Carle Beauregard. We have decided to continue once a month through the winter, with Nan instructing. If you've taken one of her classes before, feel free to join us. If you haven't taken a class and if we have enough interest we could run another group to catch you up. E-mail lisadimondstein@me.com. Our next follow up is December 2nd at 5PM on Zoom.

Twenty members attended the annual meeting on October 13th. Particular thanks to John Dudley who entertained us with music and to John Clark who wrote a poem for Lamoille NeighborsNeighbors. Poem below.

An Old Man's Musings on COVID-19

It's been over seven months of isolation.
Here's some reflections on the situation.

This invisible virus we've had to fend.
Yet, still in sight there is no end.

It's changed our lives in many ways.
Unusual ways to spend our days.

Social distance, wear masks, wash your
hands.
Stay at home as much as you can.

I've noticed I'm using much less fuel;
Since staying home is the common rule.

Spending more time in the computer room.
All those meetings held by ZOOM.

There's time to organize a little better.
Sorting old photos, slides and letters.

The Pandemic started with a shortage of
supplies
No toilet paper, or flour for pies.

There's a shortage of canned tomatoes on
the shelf.
I've given up finding yeast for myself.

People cleaning out unneeded ware.
Lots of free piles everywhere.

There's more time for gardens and flowers -
To while away our empty hours.

But the beautiful plants we grow and
glean
By others now are seldom seen.

Books or movies are another way
For entertainment at the end of day.

There's daily walks and outdoor hikes.
For some, there's even riding bikes.

I've played more cribbage with my wife
Than I've played in my entire life.

Those alone, with no one to share -
Must end up playing solitaire.

Long conversations on the phone
Reflect how much we feel alone.

Yet, all in all, things aren't that bad.
There are many lessons to be had.

Like appreciating our beautiful place
And living our lives at a slower pace.

There's much less traffic everywhere.
Less pollution in the air.

Been a nice warm summer and beautiful fall.
We have more time to enjoy it all.

If you want to add some zest to life,
Lamoille Neighbors can help relieve your
strife.

Like social gatherings, fun, safe, yet cozy;
Zooms with Roger Hill or Charlie Nardozzi.

So. let's just do the very best we can.
This too will pass. I'll see you then.

By - John Clark

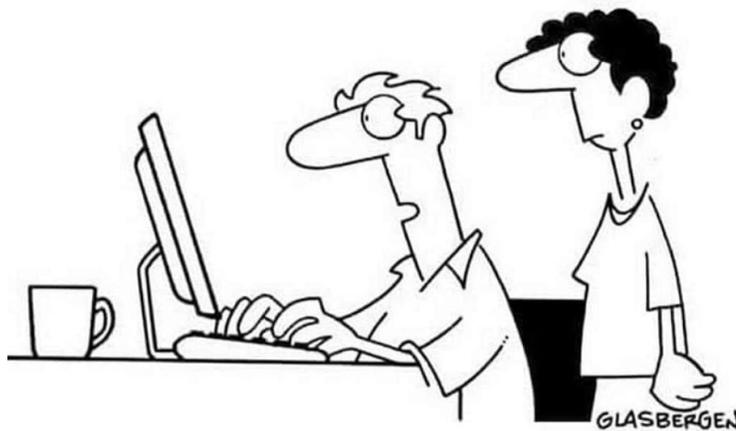


Ms. Closet by board members Ellen Gibs and Olea Smith-Kaland. The hat says Lamoille Neighbors



Sam Scarecrow by Carmen Campbell, a member of Lamoille Neighbors.

If you haven't seen the scarecrows along the rail trail in Morrisville they are worth a visit. This was a River Arts project.



"I'm writing about all the things I ought to do before I die. It's my oughtobiography."

Cartoon sent by John Dudley

Happy Thanksgiving

This year each of our Thanksgiving traditions will be very different. We know it's hard but hopefully, it will only be for 1 year. Canada has already had their Thanksgiving. Due to families gathering, there has been a spike in their number of Covid-19 cases. Please be extra careful. Find ways to make the day happy by calling friends and family, writing cards/ letters, Zoom with family and friends, watch a funny movie, etc..But please don't gather unless you've all been in self-isolation for 14 days prior. Ask the hard questions of friends and family.

The board is thinking of you all during this holiday season.

Moroccan Chicken Recipe submitted by Lisa Dimondstein

2 tsp sweet paprika
 1 tsp ground cumin
 1 tsp ground coriander
 1 tsp ground ginger
 1 tsp ground turmeric
 1/2 tsp. ground cinnamon
 1/4 tsp black pepper

3 pounds Boneless thighs
 2 TBSP olive oil
 1tsp salt
 1 medium onion, chopped
 3 cloves garlic
 1 lemon thinly sliced
 1 cup pitted green olives-halved
 1/2 cup water
 1/4 cup fresh cilantro
 1/4 cup fresh parsley

Combine the spices in a small bowl.

Pat the chicken dry. Place in a large bowl and sprinkle the spice mixture over the chicken and toss. Cover and let stand for 1 hour.

Heat the olive oil in a large, heavy - bottomed sauce pan or skillet over medium-high heat. Season the chicken with salt and place the pieces, skin side down, in the pan. Cook without moving for 5 minutes. Reduce the heat to medium -low . Sprinkle with the onions and garlic. Cover and cook for 15 min.

Turn the chicken pieces over. Add the lemon slices, olives and water. (You can also add golden raisins if desired). Bring to a simmer over medium heat. Cover and reduce the heat to low. Cover and cook until the chicken is cooked through and tender, about 30 min.

Sprinkle the chicken with the cilantro and parsley.

Interesting or fun links: Just click on the red text.

[Wildlife Photographers of the Year Photos](#)

[Degas at the Opera-virtual tour of the National Gallery](#)

[Joy, Resistance Revival Chorus](#)

[More music by member John Dudley](#)

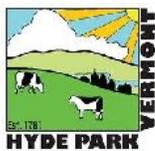
[Beethoven Violin Concerto](#) Itzhak Perlman and Daniel Barenboim and the Berlin Philharmonic.

[15 Beautiful Places in the US](#) Armchair Travel

THANK YOU TO OUR PARTNERS, SUPPORTERS AND BENEFACTORS



Park Street Collective, LLC



Lanpher Memorial Library

Howard Manosh

Join this exciting movement as a Lamoille Neighbors member, click [HERE](#)
As a volunteer, click [HERE](#)
As a donor, click [HERE](#)