



## LAMOILLE NEIGHBORS

### Upcoming Events

Our winter Zoom speaker series will begin again Wednesday **November 10th at 7 P.M..**

#### **Fire, Rock, and Ice: An Introduction to our Solar System**

From a 900,000 mile wide nuclear fire at its center to small chunks of rock in the darkness hundreds of millions of miles away, our solar system is an endlessly fascinating vista. In this presentation, we'll look at some aspects of that vista, including:

How was the solar system created in the first place?

Why are the planets where they are: four small, rocky planets closest to the sun, then the two gas giants, then the two ice giants?

And what happened to Pluto?

And how will it end?

Please join our speaker, Jay Hersh, via Zoom to explore these questions and others. Don't know much about astronomy? No problem. This presentation is aimed at beginners, with no technical knowledge required.

Our monthly **Coffee Hour will be November 4th, 10 a.m.** at the Congregational Church in Hyde Park. (This is a change in venue.) Our only goal is to talk and laugh. If you would like to participate, please call Bonnie at 802-585-1233.

**Article Discussion Group** on Zoom every other Wednesday from 9-10AM. We take turns choosing articles and no matter the topic it's a lively discussion. E-mail Ellen Gibs at [esgibs@yahoo.com](mailto:esgibs@yahoo.com) if you'd like to participate.

**Yoga with Faith Bieler will begin again November 4th from 9-10 AM.** The first Thursday of each month will be in person at River Arts and the other Thursdays of the month will be on Zoom. We have added the in person day so that Faith can better tailor the class to our personal needs. Lamoille Neighbor's Yoga is an all levels class. Beginners to seasoned practitioners are welcome. We begin with seated breath focused meditation to bring body, mind and spirit together. Class continues with slow flowing sequences which Faith calls "Meditation in Motion". Faith chooses poses to flex, stretch, strengthen the whole body and also incorporate participants' requests (re. their own body's needs). Movement will be done seated, kneeling, standing. E-mail [lisadimondstein@me.com](mailto:lisadimondstein@me.com) if interested.

Lamoille Neighbors is a supportive community, and we want to reach out to you whenever you are ill or hospitalized. Please call or have someone call Bonnie (802-585-1233) so we can check in with you and see how you're doing.

Thank you to the Take Five Jazz Ensemble for providing 26 participants with a wonderful afternoon of fabulous music. Member Larry Gibbs on drums, Rachel Funk on vocals, Charlie Yerrick on bass, Dave Tisdell on keyboard and Roy Gilbert on Guitar. And thank you to Ellen and Larry for hosting us on your front lawn.



We had a gorgeous night for viewing Jupiter and Saturn as well as the moon. A big thank you to Neil Perlin who set up his telescope on Olea's deck (which according to Neil is a perfect viewing spot) and began teaching us about the solar system.



8 members are finishing the pottery series at River Arts that we put on hold due to the pandemic. We have 2 more sessions and we are glad to be back learning something new and finding our creative side.



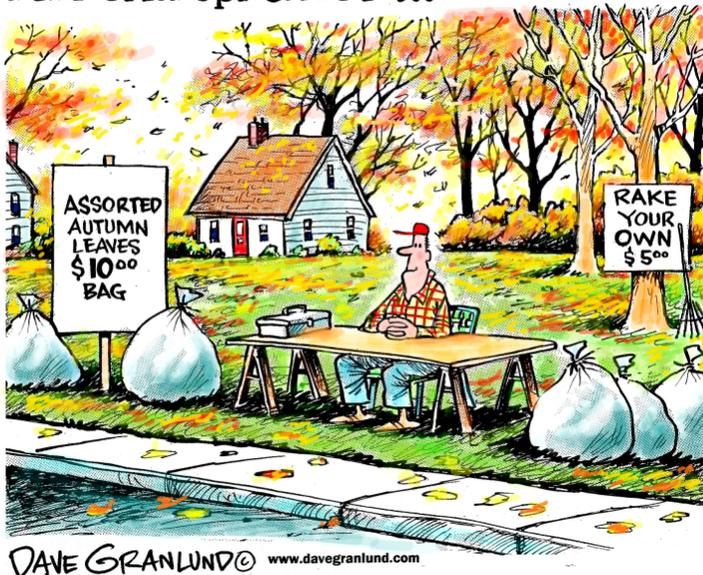
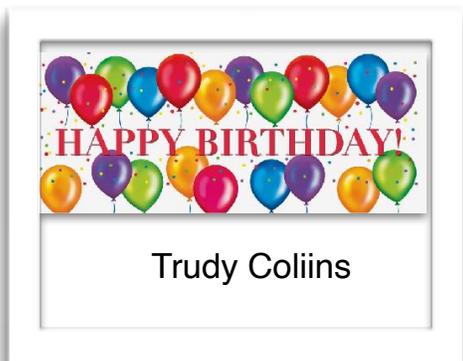
The iPhone photography class hung their show at the Morrisville Post Office. It will be up until November 29th. We hope you'll stop by. Olea Smith-Kaland, Sue Moore, Marilyn May, Mary Miller, Lisa Dimondstein, Wiffy Brooks, Ellen Gibs

Member Jack Anderson shared some photos depicting the historic buildings in the village of Hyde Park.





# Fall entrepreneur...



## Fun Links

[A Giant Violin Floats Down Venice's Grand Canal](#)

[Lean On Me, Playing for Change](#)

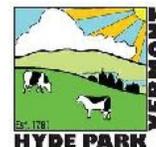
[Peace Train, Playing for Change](#)

[Incredible pictures of Pumpkin Patches .](#)

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