

Upcoming Events for September

If you need transportation or help registering for an event call Bonnie at 802-585-1233.

Annual Meeting on Zoom August 28th at 5PM. Join us in celebrating the accomplishments of Lamoille Neighbors and the dedication of our volunteers and donors. The board is disappointed to have had to cancel our in person meeting, but safety of our members is our priority. Register **HERE**.

Outdoor Gathering for Conversation, September 6th, 3-4 pm at Olea's home. 196 Noyes Farm Rd. Hyde Park. Here is an opportunity to gather and get to know each other better, whether you've been part of Lamoille neighbors for awhile or are a new member. Judy and John Clark will be the facilitators and they always entertain us with an "icebreaker". Chairs will be provided. Register HERE.

Intimate Concert at Steve Young's Chapel with music by Larks in the Attic. September 10th, 3-4 pm. 242 Keeler Rd. Wolcott, Vermont. This is a gorgeous chapel that member Steve Young has been building for a number of years. There is a dirt path to the chapel which would not be accessible for members who need assistance. We ask that you wear a mask when inside the chapel to protect others.

Pam Bockes (guitar), Susan Reid (fiddle), and Linda Young (harp) met through the traditional and

dance music community of Central Vermont. One evening as a music session was breaking up in Susan's attic, the three found themselves the last still playing, and were enchanted to discover what a magical sound these three instruments make when played together. Their shared love of song brings an additional lyrical quality to their renderings of tunes from Ireland, Scotland, Sweden, Quebec, and New England, which they play together frequently for dances, events, and parties, as well as on the porch for the enjoyment of themselves and neighbors. Registration is limited to 20 members. Chairs will be provided. Register HERE.



Ongoing Events

Our monthly Coffee Hour, September 2nd, 10:00 a.m. at the Congregational Church in Hyde Park. Our only goal is to talk and laugh. Masks are required. If you would like to participate, please call Bonnie at 802-585-1233.

Zoom Arthritis Friendly Bone Building, Tuesdays 1-2 p.m with Maxine Adams. Sponsored by Lamoille Neighbors and a grant from the Humanities Council. Email maxineladams@gmail.com if you'd like to join.

Yoga for members and volunteers. We plan to restart our weekly yoga with Faith Beiler the first week in October. This class will be in person (location to be announced) Thursdays from 9-10 am. Lamoille Neighbors is lucky to have Faith. She is an extraordinary teacher. If you haven't been a part of this group and are interested in joining us, please e-mail <u>lisadimondstein@me.com</u>.



On July 27th and August 22nd we had pickle ball lessons with Jude Prashaw. We had a blast, and Jude was a fantastic teacher.



On August 24th Jack Anderson regaled us with a colorful history tour of Hyde Park Village from the comfort of his backyard. Jack has a gift for storytelling. Thank you, Jack.

A big thank you to Take Five band who entertained us with fabulous music on August 15th. We are grateful to Ellen and Larry Gibs for hosting us at their home and organizing this event.

Check out the fall art classes that River Arts is offering this fall. There is a tuition discount if you're over 60. Click <u>HERE</u> to see programs.

Here's a few photos from the Yann Arthus-Bertrand project "Earth Seen From the Sky". It is currently one of the best-selling book of photos in the world. A view we don't often get to see.













Informative chart on the effectiveness of different types of masks.

Wearing masks definitely helps prevent the spread of the Covid-19 virus, but the type of mask you wear is extremely important. If you need N95 masks let Bonnie know at 802-585-1233.

PERSON NOT INFECTED IS WEARING

		Nothing	Cloth mask	Surgical mask	N95
PERSON INFECTED IS WEARING	Nothing	15 min.	20 min.	30 min.	2.5 hours
	Cloth mask	20 min.	27 min.	40 min.	3.3 hours
	Surgical mask	30 min.	40 min.	1 hour	5 hours
	N95	2.5 hours	3.3 hours	5 hours	25 hours

Time it takes to transmit an infectious dose of Covid-19

It will take 25 hours for an infectious dose of Covid-19 to transmit between people wearing non-fit-tested N95 respirators. If they're using tightly sealed N95s—where only 1% of particles enter the facepiece—they will have 2,500 hours of protection.

Note: Results published in Spring 2021. The CDC expects the Omicron variant to spread more easily.

Source: ACGIH's Pandemic Response Task Force

Welcome to our new member: Janet Mazzola from Hyde Park.



September Birthdays

Judy Clark Simone Cormier Diane Szlachetka Donna Stafford Steve Young And a missed birthday wish for **Jack Anderson for August**



THANK YOU TO OUR PARTNERS, SUPPORTERS AND BENEFACTORS



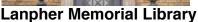
























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Thank you to all the individual donors who help make Lamoille Neighbors successful.