



## LAMOILLE NEIGHBORS



We are so pleased that there is so much interest in “Everyone Has a Story to Tell”. We still have openings in the clay sessions with Jude Prashaw. The sessions run Wednesdays 10-12 from January 25th-March 1st. You don’t need any clay or artistic experience to attend. Jude is a great instructor and we definitely plan to have fun. Contact Wiffy at [vb Brooks68@gmail.com](mailto:vb Brooks68@gmail.com) or call the office.

*Steady as She Goes* by Jude Prashaw. Storytelling, like creating in clay, is a process. -listening is the root of these creative endeavors. If we rush, we miss living in the moment.

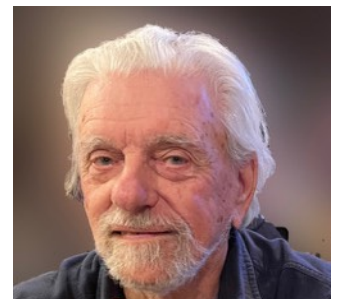
### **Upcoming Events for February**

If you need transportation or help registering for an event call Vanessa at 802-585-1233

**Our monthly Coffee Hour, February 3rd, 10:00 a.m.** at the Congregational Church in Hyde Park. Our only goal is to talk and laugh. Masks are strongly recommended. If you would like to participate, please call Vanessa at 802-585-1233 or on the website. **We are thrilled that Bonnie will continue to lead this group as a volunteer. Register [HERE](#) .**

**Full Moon Snowshoe, February 5th, 7:00 p.m.** Meet at the end of Davis Hill Rd. Hyde Park. This is an easy loop in the woods. Bring a headlamp or flashlight. Call Lisa 802-233-4179 with any questions. Register [HERE](#) .

**The Photography of Shapleigh Smith, Vermont Barns, February 7th, 4pm, sponsored by Lamoille Neighbors.** Zoom from home or join the Zoom at the Morrisville library on a big screen. Join us as we journey with Shap throughout Vermont and view his stunning images. Register [HERE](#) .



### **About Shapleigh Smith**

Photography has always held a special place in Shapleigh’s life. He grew up surrounded by the images created by his grandfather and father; images from around the world as well as their home environments of New England.



Shapleigh admired the ability of a photo to tell a story by stopping time and opening his imagination. What power the camera held.

It is not surprising that Shapleigh would continue the curiosity his forefathers had. Without a formal, structured education in the world of photography, Shapleigh has been able to explore the various means of capturing images — be they film, transparencies, transfers, or digital.

Traveling worldwide has helped him experience a vast treasure of places and people — all with stories to be recorded through the journey of the captured images.



**February 28th 5-6pm** Zoom Gathering for conversation. Join for an hour and get to know each other. Volunteer Kevin Bracey will lead this discussion. Register [HERE](#) .

### **Ongoing Events**

**Article Discussion Group on Zoom, every other Wednesday from 9-10AM.**

We take turns choosing articles, and no matter the topic it's a lively discussion. We have space for 1 or 2 more participants. If interested e-mail [lisadimondstein@me.com](mailto:lisadimondstein@me.com).

**Yoga for members and volunteers.** Weekly classes are Thursdays, 9-10 a.m. at River Arts. Faith Bieler is an amazing teacher. All levels are welcome. Please e-mail [lisadimondstein@me.com](mailto:lisadimondstein@me.com) if interested and not already registered.

Bonnie will be retiring from Lamoille Neighbors January 31st. She has been busy doing an excellent job training Vanessa Tourangeau who will be stepping into the role of “the voice of Lamoille Neighbors” .

You will still be able to stay connected with Bonnie. She will be running the coffee hour as a volunteer and will be participating as a member of Lamoille Neighbors. Her first event after retiring will be joining the writing section of "Everyone Has a Story to Tell". We hope she'll join many other of our events!





We welcome Vanessa as our new office manager. Stop in during her office hours and introduce yourself. She'll be in the office Monday and Friday 12-4 and Wednesday 9-1 beginning February 1st.

Vanessa was born and raised in Barre, Vermont and graduated from Spaulding High School in 2003. She is the only Vermonter in a 6th generation lineage of family from Downeast Maine. Her parents are originally from Eastport, Maine and she considers it her second home. She attended college in South Carolina, and finished her degree at Johnson State College with a Bachelor's in Psychology with a focus on child development. She has two children, ages 15 and 8. Vanessa and her family enjoy being outdoors as much as possible, whether it's hiking through the woods, going fishing, or bird watching. She is an avid reader, loves to cook and bake, and enjoys spending time with her family. She is excited to get to know the members and volunteers of Lamoille Neighbors and looks forward to serving this amazing organization.

Thank you to the Lanpher Memorial Library for co-sponsoring with Lamoille Neighbors the *Owls of New England*. And another thank you to Bird Diva Bridget Butler for such a wonderful presentation. We had 140 (plus) folks attend this Zoom. Hopefully, by next month we'll have a copy of the recording to share with those who weren't able to attend.



Central Vermont Council of Aging has creative care kits available again. They are free and will be delivered to your home. New creative activities and options are available. These include additional activities for each of the previous years' kits as well as a new crafting kit that includes rock painting and collage activities. You can work on your own or be paired with a creative companion volunteer. Sign up at <http://www.tiny.cc/creativecarekits>. A number of our members have worked with these kits in prior years and really enjoyed them. If you need help filling out the form call 802-585-1233.



I ordered the collage kit and it is fabulous. It comes with directions for multiple art projects, rocks, paints, scissors, brushes, tissue paper, color and decorative paper, glue and much more. This was my first project with tearing tissue paper. There are so many fun projects in this kit. It's perfect for your mental health on a rainy or cold winter day. I hope many of you take advantage of this fabulous offering. Lisa

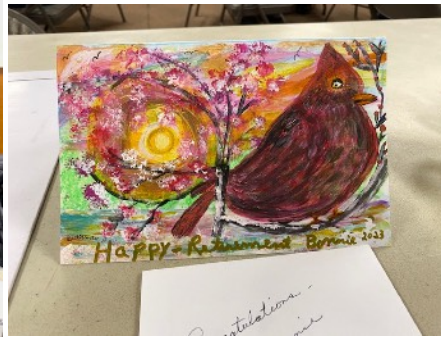


A good time was had by all on December 19th. First, we drove a route set up by Kevin Bracey to view Christmas lights. Then we went back to the office for hot chocolate, cookies and conversation. Pat Modzelewski and Mary Miller decorated and provided all the refreshments. This event will be a "keeper" for next year.

Welcome to our new member: Riki French from Hyde Park



Members and volunteers celebrated Bonnie at the January coffee hour. It was wonderful to be together sharing stories, meeting new people and making connections. Carmen Campbell created the beautiful card, John Dudley provided the entertainment and Pat, Lisa and Pixie organized the food and drinks. Thank you ALL for honoring Bonnie with laughter and tears.





**TECH TIP CORNER****By Kevin Bracey, Volunteer**

Did you know that if you have a Windows 10 or Windows 11 computer you already have a security program? Many people buy antivirus subscription software without realizing their computer has a built-in security system. Type "Windows Security" in your search box and select the Windows Security App. The program will open and let you know if your computer currently has any security issues. If it does, it will give you suggestions on how you might fix them.

Important Note: If you have another antivirus program installed on your computer Windows Security may be disabled.

**February Birthdays**

Lisa Dimondstein  
Mary Miller  
Suzanne Boden  
Polly Leise

**THANK YOU TO OUR PARTNERS, SUPPORTERS AND BENEFACTORS**

 The Richard E. & Deborah L.  
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**Howard Manosh****Peter Bourne**

**Thank you to all the individual donors who help make Lamoille  
Neighbors successful.**