



## LAMOILLE NEIGHBORS

The past few weeks has been a difficult time for our members and volunteers as we adapt to “sheltering in place”. Many of our members and volunteers are isolated, particularly those who do not have internet. We also know many of you are concerned for your own health and the health of family members and friends. We want to hear from our members and volunteers concerning any support that you need, ideas to stay connected or to help you stay engaged.

As always, please do not hesitate to contact us.

Things we are currently doing, for members or volunteers:

- ★ Setting up phone buddies. Let us know if you’d like someone to call you or you would like to call someone. Hearing another human voice on the end of the line can be comforting and getting to know someone else in our community can be a gift. You can decide together how often to call each other.
- ★ We have decided to send our newsletter twice a month, temporarily, to help us stay connected during this time. We’d like all of you to participate by sending recipes, cartoons, short interesting articles, photographs of art work that you’ve done or tips on things you have found helpful in preventing isolation. If you have internet send it to [lamoilleneighbors@gmail.com](mailto:lamoilleneighbors@gmail.com) or by mail to Lisa Dimondstein 130 Davis Hill Rd. Hyde Park, Vt. 05655
- ★ We have a generous member in Hyde Park who has offered to make up a small art project that we can deliver to your door. If you haven’t already indicated that you would like one and you would enjoy this please email Lamoille Neighbors or call Bonnie at 802-585-1233.
- ★ We are exploring other ways to connect but we’d love to hear from you.
- ★ We can deliver groceries to your doorstep. Just ask.
- ★ Would you like a penpal buddy? Let us know.



8 members attended the full moon snowshoe March 9th.



10 members enjoyed the first pottery class at River Arts. We are all looking forward to when we can resume the series.



28 members attended Feast Friday March 6th. A big thank you to Fran and Charlie Aronovici for hosting.



### Cornbread Recipe from Mary Miller

1 and 1/2 cups yellow cornmeal  
 1 TBSP sugar  
 3/4tsp baking soda  
 1/2 tsp salt  
 2 large eggs  
 1 and 3/4cups well shaken buttermilk  
 1/2 stick unsalted butter

Preheat oven to 425 with rack in the middle. Place 10 inch cast-iron skillet in oven for 10 minutes. Stir together dry ingredients in a small bowl. Whisk together eggs and buttermilk in a medium bowl. Remove skillet from oven (handle with care-very hot) add butter to pan, swirling skillet to coat bottom and side (butter may brown). Whisk hot butter into buttermilk mixture and return skillet to oven. Stir cornmeal mixture into buttermilk mixture until evenly moistened but still lumpy.

Scape batter into hot skillet and bake until golden, 20-25 minutes. Turn out onto rack and cool.

Ina Garten Macaroon Recipe submitted by Lisa Dimondstein. I make these once a year for Passover which starts April 8th this year. We will be gathering with friends in the new norm of the virtual world.

Makes 20 Macaroons

14 oz. sweetened shredded coconut  
 14 oz. sweetened condensed milk  
 1 tsp. vanilla extract  
 2 extra large egg whites at room temperature  
 1/4 tsp kosher salt

Preheat oven to 325

combine coconut, condensed milk and vanilla in a large bowl.

Whip egg whites with salt until they form medium to firm peaks.

Carefully fold egg whites into coconut mixture.

Line sheet pans with parchment paper. You can use an ice cream scoop or a spoon. Bake for 25-30 minutes until golden brown.

If you like chocolate melt bittersweet or semisweet chocolate, hold the macaroon by the top and dip the bottom. You can put the bottom right on parchment paper and leave until it cools.





## **APRIL**

Marjorie Graves  
Elizabeth Rouse  
Peggy Smith  
Barbara Stern

### **Internet and Wifi Access During Coronavirus Times**

Income eligible households can get free internet for two months. If you have a computer or smart phone but no internet and want more information call Lamoille Neighbors.

AARP Fraud Watch Program is warning people to be aware of current scams during this pandemic. You can check the Fraud Watch Network or if you have a specific question about whether something is legitimate you can call David Polow at 888-7707 or email [dpolow@polowlaw.com](mailto:dpolow@polowlaw.com)

Let us stay connected and healthy during this challenging time. Reach out, call, send items for the newsletter, send pictures of your art to share so we can all enjoy it.

Join this exciting movement as a Lamoille Neighbors member, click [HERE](#)

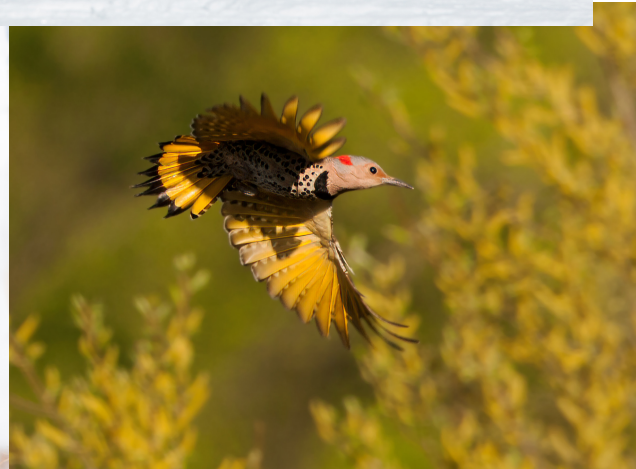
As a volunteer, click [HERE](#)

As a donor, click [HERE](#)

Or any combination of the above! Volunteers can be members and members can be volunteers and anyone can be a donor.



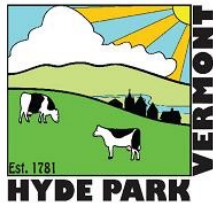
Member and Volunteer Bob Malbon is a Hyde Park photographer and has a home inspection business.



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